

Preparing for your PET/CT scan

NON-DIABETIC PATIENTS

Do not eat or drink 6 hours prior to your PET/CT exam and avoid gum, candy, sugar, cough drops, tobacco products and caffeine.

Drink plenty of plain, unflavored water prior to your appointment, and take prescribed medications as directed.

EXERCISE/ACTIVITY

Please do not exercise or engage in strenuous activity during the 24 hours before the exam.

IF YOU NEED TO CANCEL

This PET/CT exam requires a medication to be ordered specifically for you. If you need to cancel or reschedule, please do so by 3 p.m. on the day prior to your appointment. Call 866-235-7226.

DIABETIC PATIENTS

You may eat a light meal 4 - 6 hours prior to your exam. Drink plenty of unflavored water prior to your appointment. Avoid candy, gum, nicotine, cough drops, sugar and caffeine.

Please contact your scheduling department for specific instructions regarding your diabetic medications at **1-866-235-7226**.

ARRIVAL TIME

If you are a hard sticker for IV, please arrive one hour prior to your appointment time. All other patients should arrive 30 minutes before appointment time.

WHAT TO WEAR

Warm, loose-fitting clothes without metal such as underwire bras, girdles, metal snaps/ zippers and pins. Leave all valuables at home. You may be asked to change into a gown.

WHAT TO BRING

Insurance cards, your referral form, current list of medications, and any paperwork from your physician. Bring any prior studies, such as PET/CT or CT films or disks.

ON-BODY DEVICES

You may be asked to remove devices such as glucose monitors or medication delivery devices for the exam. If you have questions, please contact us prior to your appointment at 866-235-7226.

My appointment:

DATE

TIME

Burbage Regional Cancer Care Center, 9707 Healthway Drive, Berlin, MD 21811

LOCATION

866-235-7226

PHONE NUMBER

Questions?

Please call us with any questions or changes to your appointment.