

# Delaware Resource Guide

## Outpatient Mental Health Options

Agency	DE Area	Phone	Insurance
Argo Institute/Aquila of DE (ONLY patients ages 18-30)	Wilmington	302-999-1106	Private Insurance
Brandywine Counseling	Newark	302-454-3020	State Insurance, Some Private
Brandywine Counseling	Milford	302-856-4700	State Insurance, Some Private
DE Psychological Services	Lewes/Wilmington	302-703-6332	Self Pay, Some Reimbursement
Dover Behavioral Health System	Dover	855-609-9711	All Insurances
Christina Care Health Systems	Wilmington	302-320-2100	All State Insurance, Some Private
Connections SCP	Millsboro	866-477-5345	State Insurance, No Insured Ind.
Gaudenzia	Wilmington	302-737-4100	State Insurance
SODATS	Wilmington	302-656-2810	State Insurance, Some Private
Unity Behavioral Health	Rehoboth	302-227-7399	Self Pay, Some Reimbursement
Kent Sussex Comm. Services	Georgetown	302-854-0172	All Medicaid, No Commercial
PACE, INC	Wilmington	302-999-9812	Most Insurance, Best to call
Open Door	Newark	302-731-1504	Self Pay

## Medication Assisted Treatment (MAT)

Agency	DE Area	Phone	Insurance
ARS-Addiction Recover Systems	New Castle	302-323-9400	Aetna Insurance
Brandywine Counseling	Newark	302-454-3020	State Insurance, Some Private
Connections SCP	Millsboro	866-477-5345	State Insurance, No Insured Ind.
SODATS	Wilmington	302-656-2810	State Insurance, Some Private
Kent Sussex Comm. Services	Georgetown	302-854-0172	All Medicaid, No Commercial
Net Kirkwood Detox (4-5 Days)	Wilmington	302-691-0140	All Insurance
Claymont Comprehensive Treatment Center	Claymont	302-261-3422	Self Pay

## Inpatient Substance Abuse Options

Agency	DE Area	Phone	Insurance
Dover Behavioral Health System	Dover	855-609-9711	All Insurances
Rockford Center	Newark	302-996-5480	Most Insurance, Call to Check
Meadow Wood Behavioral Health	New Castle	877-361-5738	Most Insurance, Call to Check
Gateway Foundation Alcohol & Drug Treatment Center	Smyrna	877-505-4673	Private Insurance

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Brandywine Counseling	Newark	302-454-3020	State Insurance, Some Private
Brandywine Counseling	Milford	302-856-4700	State Insurance, Some Private
Dover Behavioral Health System	Dover	855-609-9711	All Insurances
Christina Care Health Systems	Wilmington	302-320-2100	All State, Some Private
Connections SCP	Millsboro	866-477-5345	State Insurance, No Insured Ind.
Gaudenzia	Wilmington	302-737-4100	State Insurance
SODATS	Wilmington	302-656-2810	State Insurance, Some Private
Kent Sussex Comm. Services	Georgetown	302-854-0172	All Medicaid, No Commercial
Gateway Foundation Alcohol & Drug Treatment Center	Smyrna	877-505-4673	Private Insurance
Net Kirkwood Detox (4-5 Days)	Wilmington	302-691-0140	All Insurance
PACE, INC	Wilmington	302-999-9812	Most Insurance, Best to Call
Open Door	Newark	302-731-1504	Self Pay
Claymont Comprehensive Treatment Center	Claymont	302-261-3422	Self Pay

## Self-Referral Services

**211 Helpline in Maryland**  
221md.org

**Atlantic Club**  
11827 Ocean Gateway, Ocean City, MD  
(410) 213-1007

## Mental Health Resources

**SUN Behavioral Delaware**  
(302) 604-5600

**Atlantic General Hospital**  
*In partnership with Sheppard Pratt Health System*  
(410) 641-3340

## Treatment & Detoxification Services

**Hudson Health Services**  
(410) 219-9000

**Warwick Manor Behavioral Health**  
(410) 943-8108

**Kent/Sussex Detoxification Center (Ellendale)** (302) 854-0172  
[www.drug-rehab-headquarters.com/delaware/facility/2474/](http://www.drug-rehab-headquarters.com/delaware/facility/2474/)

## Support Groups

**Alcoholics Anonymous**  
(410) 600-5219 – [www.ocaa.org](http://www.ocaa.org)

**Narcotics Anonymous**  
(800) 317-3222

## Additional Recovery Resources

[www.wocowarriors.org](http://www.wocowarriors.org) – Worcester County Warriors Against Opioids provides access to family support, services and assistance in seeking treatment services for opioid addiction  
(443) 880-5943

[www.networkofcare.org](http://www.networkofcare.org) – Additional resources for mental health, addictions, and special services for veterans

[www.startyourrecovery.org](http://www.startyourrecovery.org) – National website to access resources sponsored by SAMHSA

[www.samhsa.gov/find-help](http://www.samhsa.gov/find-help) – Provides access to treatment across the country  
1-800-662-HELP (4357)